Upon hearing that for the class, 'Contextual and Theoretical Studies' we will have to write an essay for the final project, I knew I wanted to write about ethics and morals in Virtual Reality. Starting my research a month in advance, I looked on Google Scholar to find articles and books related to the ethical issues of VR. I found that using Google Scholar for gathering information was very helpful and reliable since they would provide trusted sources and materials from former university graduates with degrees mostly in Virtual Reality, Psychology, and Neuroscience. I then would organize the evidence that I would gather from sources in three subcategories of ethics in VR: psychological, data, and policies; This helped me to stay organized. Additionally, I would go through the learning outcomes and a critical analysis checklist to ensure that each piece of evidence I would use had meaning and would help enforce my stance. When I began to write my essay, I split it up into three documents to help keep everything neat. As taught in my high school from the United States, I wrote a claim, evidence, commentary, and conclusion paragraph for each of the three subcategories previously mentioned and rounded it all off with an overarching conclusion for the essay. I found the overall writing of the essay quite relaxed since I gave myself lots of time to research and to write. The organization skills I utilized helped me in approaching each step of writing the essay easily since I had all the information I needed. The class discussions and lectures with Professor Annie Wan were helpful in providing other concepts I could look into. However, the lectures with Professor Despina were a bit confusing and monotonous, in my opinion, with little to no opportunity to have class group discussions. If I were to do this project again, I would've liked to have some classes focused on how to write / organize an essay with the right citation methods. I like to think that my high school taught me well, however I am still not sure what the expectation is in the UK for a

University level essay. I thoroughly enjoyed this assignment and will continue to read into the ethics and VR world as more research is being done and shared.